



## Active Lives: Children and Young Person Survey – Academic Year 2018/19

### In Summary:

- In the Black Country, there were approximately 43.0% (71,900) of children that were classed as active, an increase of 4.2pp. Rates are 46.8% nationally in 2018/19 which has increased by 3.6pp since 2017/18.
- In the Black Country, there were approximately 22.9% (38,300) of children that were classed as fairly active, a decrease of 0.3pp. Rates are 24.2% nationally in 2018/19 which has increased by 0.3pp since 2017/18.
- In the Black Country, there were approximately 34.1% (57,100) of children that were classed as less active, a decrease of 3.9pp. Rates are 29.0% nationally in 2018/19 which has also decreased by 3.9pp since 2017/18.
- In the Black Country, 31.8% (32,500) of children volunteered to support sport and physical activity, a decrease of 4.5pp. Nationally, the rates are 38.0 which is a 0.4pp increase from 2017/18.

### In detail:

Data is based on academic years and children in years 1-11. Children are classed as less active when doing less than an average of 30 minutes a day across the week (less than 210 minutes a week) of sport and physical activity, fairly inactive when doing an average of 30-59 minutes a day across the week (210-419 minutes a week) and active when doing an average of 60 minutes or more a day across the week (420+ minutes a week).

#### Active

- In the Black Country LEP area, there were approximately 43.0% (71,900) of children that were classed as active, while nationally there are an average 46.8% classed as active. Compared to 2017/18 this is a 4.2pp increase for the Black Country which is the national average increase of 3.6pp.
- Active levels vary within the Black Country from 38.8% (15,400 people) in Walsall to 46.5% (17,700 people) in Wolverhampton. The highest percentage point change was seen in Wolverhampton where there was a 17.1pp increase in active children from the previous academic year.

#### Fairly Active Levels

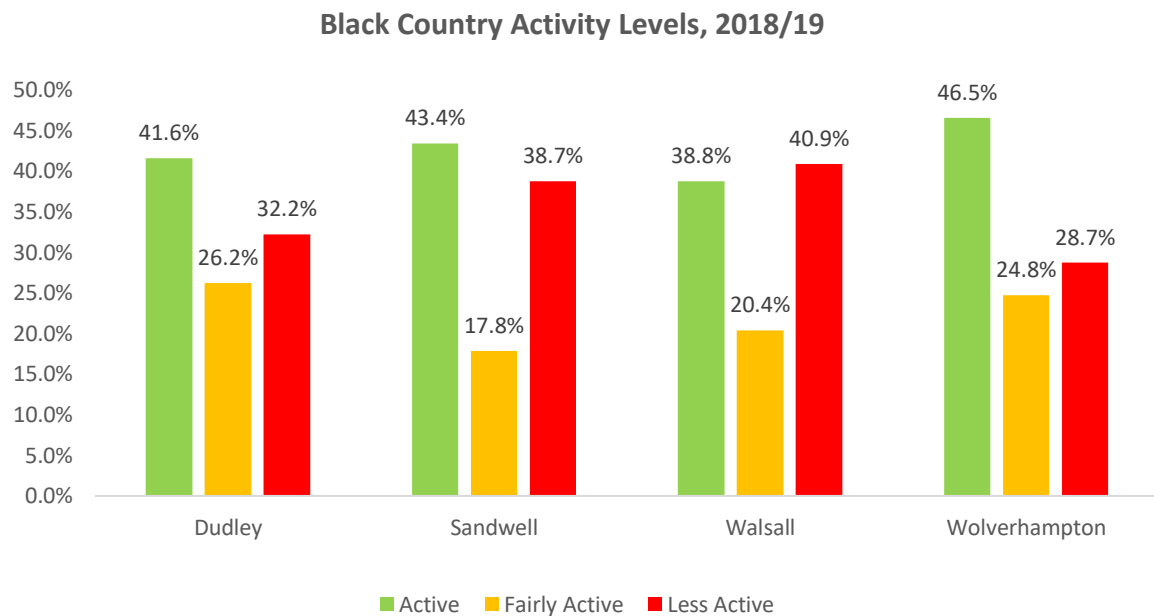
- 22.9% (38,300) of Black Country children aged 1-11 were classified as fairly active. This is a 0.3pp decrease from last year. Rates are 24.2% nationally in 2018/19 which has increased by 0.3pp since 2017/18.
- Fairly active levels also vary across local authority. Dudley has the highest percentage of fairly active children in the Black Country with 26.2% (10,600), which resulted in an increase of 5.9% from the previous academic year. Wolverhampton has 24.8% (9,400), Walsall has 20.4% (8,100), and Sandwell has 17.8% (8,700).

#### Less Active Levels

- The Black Country has 57,100 (34.1%) children who are less active. This is a decrease of 3.9pp since last year. Rates are 29.0% nationally in 2018/19 which has also decreased by 3.9pp since 2017/18.

- Wolverhampton has the lowest percentage of children categorised as less active in the Black Country with 28.7% (10,900). This was a decrease of 18.8pp since the previous academic year. Dudley has 32.2% (13,100), but saw an increase of 6.2pp since the previous academic year. Sandwell has 38.7% (19,000) and Walsall has 40.9% (16,300).

**Figure 1: Black Country LEP activity levels, 2018/19**



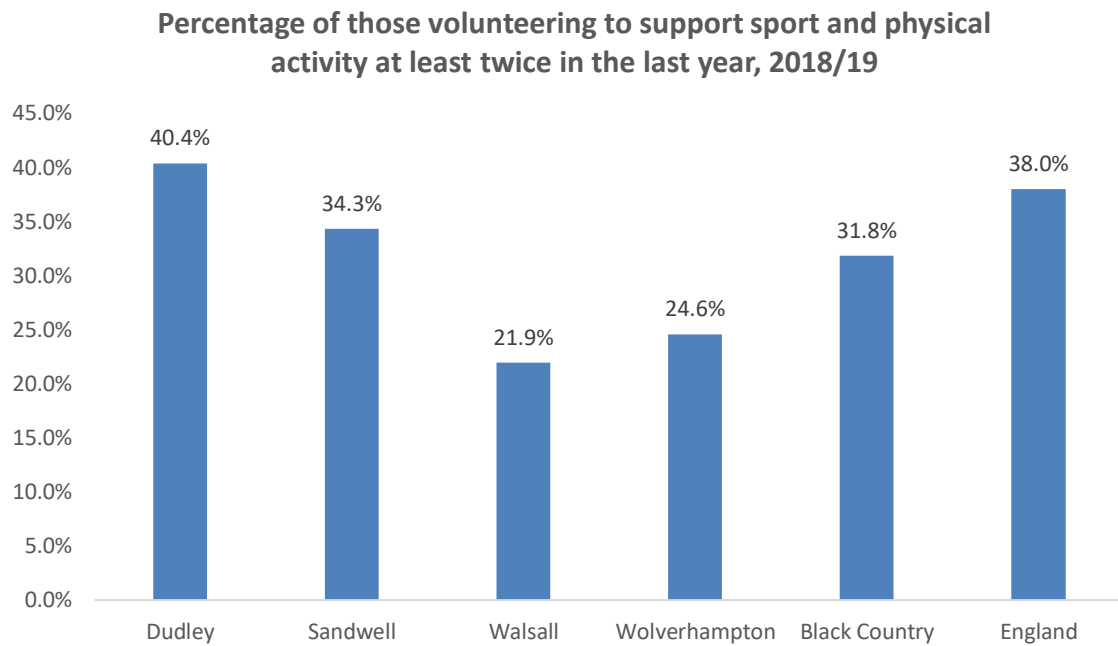
**Volunteering to support sport and physical activity at least twice in the last year**

Data is based on the school years of 5-11.

- The Black Country in total had approximately 31.8% (32,500 children) of children volunteering to support sport and physical activity at least twice in the last 12 months.
- Dudley was the local authority in the Black Country that had the highest rate of children volunteering to support sport and physical activity at least twice in the year at 40.4% (10,000 children).
- The percentage of those volunteering varied greatly by local authority. Sandwell had a rate of 34.3% (10,100), Wolverhampton 24.6% (5,800), and Walsall 21.9% (5,300).
- In comparison to the previous academic year, the Black Country had a drop of 4.5pp in those volunteering to support sport and physical activity at least twice in the last year. Despite this, Sandwell had an increase of 3.2pp when comparing to the previous academic year. England as a whole experienced an increase of 0.4pp.



**Figure 2: Volunteering to support sport and physical activity at least twice in the last year 2017/18 to 2018/19 within the Black Country**



Source: Sport England, Active Lives Children and Young People Survey, Academic Year 2018/19

Released: December 2019 <https://www.sportengland.org/media/14325/active-lives-children-survey-academic-year-18-19.pdf>